

Plan 1 – 1 day a week at school

Take Home Menu (4 days)

4 Full reimbursable breakfasts and lunches in one bag

- 1 frozen pancake
- 1 frozen cinnamon roll
- 1 frozen Belgian waffle
- 1 frozen banana bread

- 1 frozen pasta bowl
- 1 frozen three bean chili bowl
- 1 frozen Alfredo bowl
- 1 frozen Grand strand sandwich
- 1 frozen roll
- 4 apples (= full cup serving)
- 4 apple sauce cups

Additional components offered (not required to take) in one bag

- 1 celery
- 1 baby carrots
- 1 garden salad
- 1 bean salad
- 1½ gallon milk

